



## Palpitations

### Pre-referral considerations:

1. Consider:
  - a. Heart failure
  - b. Thyroid disease
  - c. Anxiety
  - d. Heart valve disease
2. ECG
3. Anxiety disorder-7 screening

### Red flags:

1. Hemodynamically unstable patients should call 911 and seek emergency care

### Lab Studies: Required and Recommended

1. CBC
2. BMP
3. TSH

### Testing Studies: Required and Recommended

1. Stress echocardiogram if over age 40
2. Echocardiogram
3. Holter or event monitor